

Pharmacologic Nuclear Stress Test

List of Foods and Medications to Avoid

Prescriptions Medications Containing Theophylline (Avoid 48 hours prior to test)

- Theo-24
- Theovent Long-Acting
- Slo-Bid Gyrocaps
- Theospan-SR
- Theobid Jr. Duracap
- Theophylline SR
- Slo-Phyllin Gyrocaps
- Quibron- T SR
- Theolair-SR
- Theo-Dur
- Theoclear L.A.
- Bronkodyl
- Sustaire
- Uniphyl
- Theo-Dur Sprinkle
- Elixophyllin SR
- Constant – T
- Theocron
- Theobid Duracap
- Aerolatc

Commonly Used Beverages and Foods Containing Caffeine Avoid for 12 Hours Prior to Test

- **Coffee:**
 - o Brewed drip coffee
 - o Brewed percolator coffee
 - o Instant coffee
 - o Decaffeinated brewed coffee
 - o Decaffeinated instant coffee
- **Tea:**
 - o Brewed commercial tea
 - o Brewed imported tea
 - o Herbal tea
 - o Instant tea
 - o Iced tea
 - o Decaffeinated tea
- **Food:**
 - o Any food or drink containing chocolate
- **Soft Drinks:**
 - o No soda or beverages (i.e. Coke, Pepsi, Dr. Pepper, Jolt Cola...)
 - o No diet or caffeine-free soda or beverages

Commonly Prescribed Drugs Containing Caffeine:

- Cafegot (all forms)
- Synalogs
- Darvon Compound
- Fiorinal
- Wigraine (all forms)

A Few Over-the-Counter Drugs Containing Caffeine:

- Anacin
- Excedrin
- No-Doz